



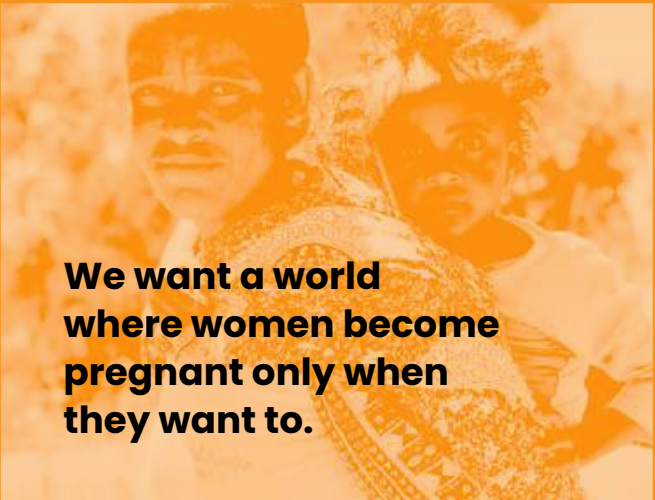
FRIENDS OF UNFPA

2021 ANNUAL REPORT

FOR EVERY
WOMAN AND GIRL



OUR VISION

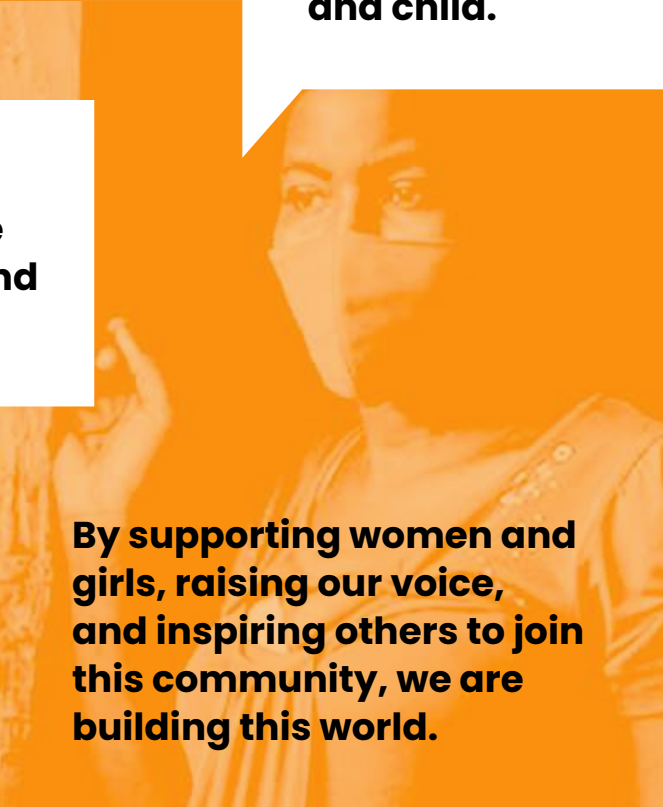


We want a world where women become pregnant only when they want to.

A world where giving birth is safe for every mother and child.

And a world where women and girls live free from violence and harmful practices.

We are there for every woman and girl, no matter what.



By supporting women and girls, raising our voice, and inspiring others to join this community, we are building this world.

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OUR COMMUNITY

None of this work would be possible without you—our incredible community of supporters. Thank you for being there for every woman and girl.

In 2021, our community had:

7,298 supporters,
who deliver lifesaving care to every woman and girl

435 Monthly Supporters,
whose commitment means women and girls have continuous access to sexual and reproductive health care, even in emergencies

15 Members
of our Legacy Society, whose gifts will secure the health and rights of future generations

Thank you to our Board of Directors for their dedication and guidance in delivering lifesaving sexual and reproductive health care to every woman and girl.

Board of Directors

Jacob Onufrychuk, Chair of the Board and Chair of the Audit Committee

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Vito J. Spitaleri, JD

Bruce C. Tully

“Growing up, I saw first-hand how women and girls can be excluded and marginalized by their communities. I was heartbroken to hear that Nepali women and girls were still being exiled to menstruation huts outside the home. This practice exposes them to deadly freezing cold and violence. For me, supporting Friends of UNFPA means I have an avenue to reach these survivors and give them a voice.”

– **Monica Parekh,**
Friends of UNFPA Supporter and Board Member



Meet Our CEO, Anu Surendran

Anu became the Chief Executive Officer of Friends of UNFPA in December 2021. She joins us with more than 15 years of experience raising funds and building partnerships for UN agencies, including with UNHCR, the UN refugee agency, and UNICEF, the UN children’s agency. “I so look forward to working together with you towards our goal of delivering sexual and reproductive health care to every woman and girl, no matter what.”

LETTER FROM THE CEO

Dear Friends,

In 2021, we met challenges to sexual and reproductive health and rights head on. Because of your support, we reached Fabiola, who gave birth in the immediate aftermath of one of the worst hurricanes to hit Honduras, with lifesaving care. We were there for Larise, who experienced sexual assault in a country with one of the world’s most dire humanitarian emergencies, the Democratic Republic of Congo. And, because of you, we stood with Dania, a survivor of female genital mutilation in Iraq, as she spoke out against the practice in her community.

Throughout this report, you can read their stories and the stories of many other women and girls whose lives you transformed. In 2021, your support:

- Assisted in 1.5 million safe deliveries in crisis-affected countries.
- Distributed contraception that prevented 12.7 million unintended pregnancies and 39,000 maternal deaths.
- Delivered essential services to 2.3 million survivors of gender-based violence.

Now, in 2022, we continue to deliver transformational, lifesaving care. Without you, we would never be able to accomplish our goals of ending preventable maternal death, ending the unmet need for family planning, or ending violence against women and girls, including harmful practices. Thank you for your incredible generosity and bold commitment to being there for every woman and girl, no matter what.

Anu Surendran
Chief Executive Officer



Read the report online at friendsofunfpa.org/2021annualreport

Our work

ENDING THE UNMET NEED FOR FAMILY PLANNING

218 million women who want to avoid pregnancy are not using safe or effective family planning. Women are unable to access this care for many reasons, including a lack of information or services and a lack of support from their partners, families, and communities. Without family planning, women are more likely to experience unintended pregnancy which threatens their futures by putting their health at risk and preventing them from pursuing education and career opportunities.

Our goal is to end the unmet need of family planning by 2030. To do this, we:



Provide women and girls with the full range of family planning options, including short-term, long-term, and barrier options.” to “including short-term, long-term, and barrier contraceptives. This empowers women to choose the birth control that is best for their bodies, family plans, and futures.



Reach women and girls with comprehensive sexuality education, so they are knowledgeable about their rights and bodies.



Strengthen supply chains, so women and girls always have access to family planning when they need it, including during emergencies.

ENDING THE UNMET NEED FOR FAMILY PLANNING



© UNFPA Nepal Santosh Chhetri

Restoring Family Planning During the Pandemic

1 Kathmandu, Nepal

“Even though my husband and I already decided not to have more children, I became pregnant a third time,” Hira told UNFPA after her local clinic ran out of contraception injections. Like Hira, 12 million women lost access to family planning due to pandemic-related disruptions, 1.4 million of these women experienced unintended pregnancy. Unintended pregnancy can increase families’ financial strain, prevent women from reaching their education, career, or personal goals, and can lead to life-threatening complications or death. UNFPA worked throughout the pandemic to strengthen and restore contraceptive supply chains and family planning counseling, so women could choose motherhood on their terms.

Taking Control in an Uncertain Situation

2 Cox’s Bazar, Bangladesh

Kawser and her husband, Mohammed, are two Rohingya refugees who recently married and had their first child. During her pregnancy, Kawser attended a program for young mothers. She received information on identifying pregnancy complications, navigating new motherhood, shared decision-making in the family, and family planning. Kawser opted to use family planning after the birth of her son. She said, “We discussed finding a healthy solution to my well-being and my bodily autonomy together.” Mohammed added, “Both my wife and myself took the mutually agreed decision on a spacing of three years before having another child.”



© UNFPA Bangladesh Fahima Tajrin



© UNFPA Olympia de Maismont

Family Planning for the Future

3 Kampala, Uganda

Margret opted to receive a contraceptive implant after her first child was born when she was just 16. A few years later, she had her implant removed and became a mother for the second time on her own terms. To make sure women like Margret have access to their preferred contraception when they want it, UNFPA has launched DrugDash. It is an app that health centers and patients can use to monitor available stocks of contraception. Already, DrugDash has helped health centers avoid stockouts and expired supplies and has led to an increased use of condoms. Margret said having access to family planning has helped her plan better for her children and provide for her family.

Educating Youth on their Rights and Bodies

4 Qinghai province, China

“I never talked about sex with my friends or my parents,” said 15-year-old Cairen. For many youth in China like Cairen, sexuality is a taboo topic, and instead of receiving scientifically-backed, age-appropriate information, they turn to the internet or friends. This can perpetuate harmful myths about sexual and reproductive health, including family planning. UNFPA launched an online course in middle schools in China to reach youth with valuable comprehensive sexuality education. Now, Cairen and her peers have the information they need to make informed decisions about their bodies and futures, including about family planning.

© UNFPA China Innovation Lab



Our work

ENDING MATERNAL DEATH

Every two minutes, a woman dies of preventable pregnancy or childbirth complications. Every day, this amounts to over 800 needless deaths. And while these tragedies happen in every country and every community, the vast majority occur among women in low-income countries, particularly in Sub-Saharan Africa and Southern Asia. Further, for every woman who loses her life to a pregnancy or childbirth complication, 20-30 women experience infections, injuries, or disabilities.

Our goal is to end preventable maternal deaths by 2030. To do this, we reach women with lifesaving care before, during, and after childbirth:



We provide women with access to family planning counseling, so they have the information and resources they need to prevent unintended pregnancy.



We reach women with skilled prenatal and postpartum care. This ensures women have the medicine and nutrition they need for healthy pregnancies, that they and their newborns recover well after birth, and that life-threatening issues are identified before it's too late.



We train, equip, and deploy midwives around the world, so women everywhere have the care they need during childbirth. We also provide emergency obstetric care, so if something does go wrong, women survive.

Our work

ENDING MATERNAL DEATH



Bridging the care gap for pregnant women affected by hurricanes

1 Tegucigalpa, Honduras

Fabiola, and millions of Hondurans like her, lost almost everything when back-to-back hurricanes destroyed her home. But, she didn't lose access to lifesaving reproductive health care. At 9-months pregnant, Fabiola was nervous to give birth under the bridge where she and her family had found shelter. Luckily, she gave birth to a healthy baby boy with the help of a neighborhood midwife. A UNFPA doctor visited her tent to provide newborn care and to give Fabiola information about a UNFPA clinic where she could access postpartum care and other reproductive health services. Even in emergencies, UNFPA is there, ensuring pregnant women, new mothers, and newborns have the care they need to be safe and healthy.

© UNFPA Honduras

"I am capable of everything."

2 Mocuba, Zambezia Province, Mozambique

Beatriz had suffered in silence for years. At 15, she became pregnant. Her delivery lasted three painful days, only to result in stillbirth. Beatriz developed an obstetric fistula, a debilitating childbirth injury that leaves a hole in the birth canal and leads to the leaking of urine or feces. Fistula often occurs among women and girls like Beatriz—those whose bodies are not physically mature enough for childbearing, who live in poor areas a long way from health centers, and who have limited decision-making power over their health and bodies. Beatriz endured a second stillbirth and six years of near total social isolation before she finally received care for her fistula from UNFPA. UNFPA has performed thousands of fistula repair surgeries for women like Beatriz. Now, Beatriz has her life back and said, "Now, I am capable of everything."



© UNFPA Mozambique



New life after an emergency

3 Buba, Guinea-Bissau

Ami had just moved with her husband and four children to a new area of Guinea-Bissau for farming when, seven months into her pregnancy, she began bleeding heavily. Ami needed help—and fast. She was experiencing a detached placenta, which can lead to miscarriage or stillbirth. She was transported to a regional hospital over an hour away, where, thanks to a recent UNFPA initiative to train and deploy health care workers, a doctor was ready to perform a Cesarean section. Ami's daughter, Zita, weighed just under three pounds at birth and wasn't expected to survive. But, because of skilled, timely care, both Ami and her daughter were healthy enough to return home two weeks later.

© UNFPA Guinea-Bissau

Moving mountains to provide care

4 Elías Piña, Dominican Republic

In Lucia's region of the Dominican Republic, pregnant women used to have to walk through the mountains to reach the nearest clinic for prenatal care. At 19, Lucia had experienced this with her first two pregnancies, but now, during her third, she has a new way to get the care she needs: motorcycle ambulances. A UNFPA program supplied these ambulances, as well as trained health care workers, equipped 10 primary care centers, increased access to family planning, and provided new mothers like Lucia with food packages and mama kits. Mama kits contain items like diapers, blankets, and face masks, so new mothers have the supplies they need to take care of themselves and their babies after birth. Lucia made it to her last prenatal appointment with ease and left knowing she and the baby were doing well.

© Bayoan Freites AFP UNFPA República Dominicana



Bringing Midwifery to Zambia

5 Katoba, Zambia

In 2021, we hosted a screening of the film *With Grace*, which is directed by National Geographic Explorer Austin Meyer. *With Grace* offers an intimate look at the state of maternal health in rural Zambia. For 34 year-old Grace, her fifth pregnancy will be her first delivery in a clinic. The risk of injury or death from childbirth complications rises dramatically when women give birth at home.

▶ Watch *With Grace*

© Image Courtesy of Austin Meyer

Our work

ENDING GENDER-BASED VIOLENCE AND HARMFUL PRACTICES

Globally, 1 in 3 women have experienced gender-based violence, including harmful practices like child marriage and female genital mutilation. Violence can take on many forms, including physical, emotional, sexual, and financial violence. And, violence can happen to any woman, regardless of her race, ethnicity, class, age, religion, or other identity. Victims of violence can suffer sexual and reproductive health consequences, including unintended pregnancies, unsafe abortions, traumatic fistula, sexually transmitted infections including HIV, and even death. And all too often violence is tolerated or carried out by the people a woman loves and trusts most: her partner or her family. Every 11 minutes, a woman or girl is killed by a loved one.

Our goal is to end all violence against women and harmful practices by 2030. To do this we:



Work with communities to raise awareness about women's rights, including by engaging religious leaders, community elders, and men and boys.



Advocate for governments to adopt policies that safeguard women's health and rights and further gender equality.



Support survivors of violence with medical care, legal aid, mental health counseling, and safe houses.

ENDING GENDER-BASED VIOLENCE AND HARMFUL PRACTICES



Faith Leaders Against Child Marriage

1 Stone Town, Zanzibar, Tanzania

Child marriage is a pervasive practice that has dangerous consequences for girls. Child brides often leave behind their education, friends, family, and dreams when they get married. They are also more likely to experience young motherhood and violence from their partner. About 1 in 5 girls becomes a child bride in Zanzibar, which is why UNFPA works with faith leaders like Sheikh Vuai to raise awareness about the harms of child marriage. Sheikh Vuai explained, “Our main focus is on the health risks, which include maternal and child death, and the negative impacts on girls who cannot realize their dreams. If the marriage fails, without an education a girl really has no future.”

© UNFPA Karlien Truyens

The Last Generation of Female Genital Mutilation

2 Sulaymaniyah, Kurdistan Region of Iraq

“Come with me, we need to go to the bakery, my mother told me one morning. That day, I experienced fear, deception and excruciating pain. I was only seven,” said Dania, remembering the day she underwent female genital mutilation (FGM). FGM is a deeply rooted cultural practice and an extreme human rights violation. Girls who experience FGM have life-long physical and psychological trauma which can include painful menstruation, recurring infections, infertility, PTSD, or even death. UNFPA has been at the forefront of ending FGM by working with advocates like Dania to raise awareness of its harms. In Dania’s generation, close to half of Kurdish women had undergone FGM, but among their daughters, this number dropped to just over 10 percent.



© UNDP Somalia

Climate Change Exposes Women and Girls to Violence on Multiple Levels

3 South-West State, Somalia

Somalia is facing a severe drought, leaving crops, livestock, and women’s and girls’ safety to wither away in the heat. Women and girls are the primary water collectors in Somalia and regularly walk miles every day to provide for their families. With the drought, they have had to travel farther and farther to find water and some families have decided to move to displacement camps to survive. This movement exposes women and girls to violence, including rape, child marriage, and transactional sex. Girls whose communities have been impacted by drought or other climate disasters are also more vulnerable to child marriage, as families may feel that marrying off their daughter is a better option than being unable to provide for her. And, in the camps, some women and girls engage in transactional sex to procure necessary items like food or menstruation products. UNFPA provides dignity kits, which contain basic hygiene essentials like soap, a toothbrush, underwear, and menstrual products, to girls like Hodan, whose family is currently living in a displacement camp in Somalia. She explained, “The items provide me with freedom and time.”

Survivors of Sexual Violence Call for Change

4 Bukavu, Democratic Republic of the Congo

“I turned around and, in the dim light, I saw men and boys coming towards us. They grabbed us and they were jeering when they distributed us among them, including the children. Five men took turns raping me and violating my body... I was in the hospital for five months. The men broke my body into many pieces and shattered my soul,” said Larise, remembering the darkest night of her life. In the Democratic Republic of Congo, women and girls’ lives are left hanging in the balance in one of the world’s largest and most complex humanitarian emergencies. UNFPA reaches survivors of sexual violence like Larise with services for the clinical treatment of rape and mental health counseling. We also encourage women and girls to express their needs. Larise and other survivors shared their ideas to combat sexual violence, including: distributing and monitoring food more efficiently; involving women, girls, and people living with disabilities in distribution committees; providing access to micro-credits for small-scale businesses, and consulting with women on the construction and securing of water points to reduce their exposure to attack. By securing women and girls’ basic needs and ensuring they can safely access these resources, we can limit their exposure to violence.



© UNFPA DRC

Our work

DELIVERING CARE IN HUMANITARIAN EMERGENCIES

In 2021, 235 million people were in need of humanitarian assistance and protection. Women and girls are among the most vulnerable in emergencies as crises exacerbate gender inequalities and heighten the risk of violence. Further, periods, pregnancies, and babies do not wait for crises to pass. We deliver lifesaving care so women and girls can manage their periods, have healthy pregnancies, and deliver their babies safely even in the darkest of times. This support is critical, as more than half of maternal death occur in humanitarian and fragile settings.

Our goal is to ensure women and girls have continuous access to lifesaving sexual and reproductive health care, no matter what. To achieve this we:



Distribute dignity and emergency birth kits, so women and girls can manage their periods and safely give birth, even in a crisis.



Operate mobile health clinics to reach women and girls living in refugee camps or who are migrating to safer areas.



Manage safe spaces, so survivors of violence can access the mental health care and community support they need.

DELIVERING CARE IN HUMANITARIAN EMERGENCIES



On the Doorstep of Death

1 Crater, Yemen

A gunfight had just broken out outside of midwife Shrook's hospital when she heard a woman screaming for help. "Bullets were coming from all the corners of the street," Shrook remembers. "When I arrived at the gate, I found the pregnant woman lying down and crying for help. I pulled her and rushed her inside a car... That is where all of it happened. In a few minutes, she had delivered a healthy baby boy." Stories like this are all too common in Yemen, where ongoing conflict has devastated the country's health care system. UNFPA supports women and girls by training and equipping midwives to provide essential sexual and reproductive health care and by operating health centers and safe spaces, even in the heart of conflict.

© UNFPA Yemen

Surviving Life as a Refugee

2 Damascus, Syria

10 years of war have dramatically changed the lives of Syrian women and girls. Mariam, a 16-year-old girl, explained how her life "quickly became an open-air prison after the war. Suddenly, we were told not to leave our houses because we might get harassed, raped or kidnapped. I'm told that being married is my only path to true safety, but I don't want to get married. I'm simply not ready." Across Syria and neighboring countries, UNFPA operates 112 women and girls' safe spaces, 17 youth centers, 33 emergency care facilities, 133 primary care centers, and 125 mobile clinics. These facilities support the health, safety, and rights of women and girls like Mariam, no matter what.



© UNFPA Syria Regional Hub



© UNFPA Haiti Samuel P. Laméry

"If they hadn't been here that night, I wouldn't be here today."

4 Tigray, Ethiopia

"If they hadn't been here that night, I wouldn't be here today," said Selam. She was the first woman to give birth in a newly constructed refugee camp in northern Ethiopia, which has been embroiled in conflict for a year. Before the camp was erected, Selam and her family had been living in a schoolhouse. Food, water, and fuel have become scarce in the region. Selam explained, "I went into labor in the middle of the night. I was scared. We came to the clinic and they tried to refer me to a hospital, but there was no ambulance or any other vehicle available. I was so afraid to lose my child." Luckily, the clinic had a UNFPA reproductive health kit, which a nurse used to save the lives of Selam and her newborn daughter.



© UNFPA Ethiopia

An Earth-Shattering Moment

3 L'Asile, Nippes Department, Haiti

The people of Haiti survived blow after blow in 2021, including the assassination of their president, a major earthquake, gang violence, and a devastating fuel shortage. Desir, one Haitian woman, knows this far too well. Her local hospital was destroyed in the earthquake and when it came time for her to give birth, she did so in a tent surrounded by rubble. In the first two months following the earthquake, UNFPA supported some 1,540 safe births like Desir's. We spoke with UNFPA Haiti Country Representative Yves Sassenrath about UNFPA's work on the ground. You can hear more from Sassenrath here.

[▶ Watch the Interview](#)

A Safe Haven

5 Bogotá, Colombia

More than 5 million people have left Venezuela for safety elsewhere and many have ended up in neighboring Colombia. UNFPA operates 19 safe spaces across the country for Venezuelan migrants like Griseida and Marlyng. Both women left their homes when they were no longer able to support their children. At the safe spaces, migrants can access support for gender-based violence, which tends to increase when women and girls are on the move. Now that she is back on her feet, Marlyng hosts migrants in her home and refers survivors of violence to the safe space for support. She said, "I have always been a helpful person... To be able to support them, tell them they are not alone moves my heart greatly."

© UNFPA Venezuela



PARTNERSHIP HIGHLIGHT



For over ten years, Johnson & Johnson Foundation and the Johnson & Johnson Family of Companies have been valued partners in our mission to end preventable maternal death. Part of reaching this goal is increasing the availability and quality of midwifery services. Through our work together, and since 2019 in collaboration with the Johnson & Johnson Center for Health Worker Innovation, we have made lifesaving midwifery services accessible for women across the globe.

Why midwives? Because...

4 million +

lives could be saved each year with a skilled, well-equipped midwifery workforce.

900,000

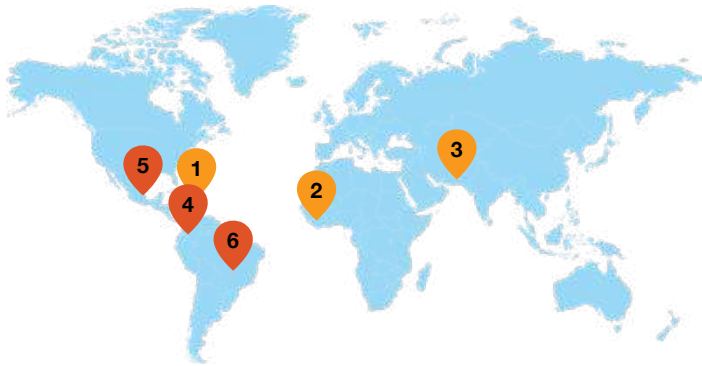
The number of additional midwives needed to meet the world’s need for essential sexual and reproductive health care. This shortage is most severe in low-income countries-- where the majority of maternal deaths occur.

80%

of all stillbirths and maternal and newborn deaths could be prevented with adequate investment in midwives.

90%

of the need for essential sexual, reproductive, maternal, newborn, and adolescent health services could be met with midwives.



Our work together includes:



Raising the Bar for Midwifery on a Global Scale

The Johnson & Johnson Center for Health Worker Innovation and UNFPA work together to create and distribute evidence-based midwifery education and assessments. This ensures that midwives everywhere have the knowledge and skills they need to provide quality care to women and girls, no matter what.



South-South Partnership to Strengthen Midwifery

The Johnson & Johnson Center for Health Worker Innovation and UNFPA are working together to increase the number of professional midwives and to promote state-level recognition, hiring and sustainability of a midwifery model to improve maternal and reproductive care in Mexico, Brazil and Colombia, especially in rural areas and among Indigenous populations.



Safe Birth, Even Here

Haiti, Liberia, and Pakistan have been affected by multiple emergencies—from disease outbreaks, to natural disasters, to conflict. This has contributed to some of the highest rates of maternal and newborn death in the world. Johnson & Johnson Foundation has partnered with UNFPA to scale up midwifery services in these countries, so childbirth is safe, even here.

1 Haiti

Over 45,000 women and girls have improved access to sexual and reproductive health care, including for survivors of gender-based violence. In the program’s target area, over 70 percent of births occur outside of healthcare facilities, a major contributing factor to maternal death.



© UNFPA Haiti Samuel P. Laméry

4 Colombia

Over 650 nurses received education on sexual and reproductive health and rights, including on topics like gender and cultural sensitivity. These nurses will improve access to lifesaving care in rural Colombia.



© UNFPA Colombia

2 Liberia

In Liberia, 120 midwives were trained, expanding midwifery services to 143,000 women and girls. Further, the foundations were laid for emergency newborn services. This care has been virtually nonexistent since the outbreak of Ebola in the area.



© UNFPA Liberia

5 Brazil

Through our partnership, more than 500 midwives received education on the intersection of midwifery and human rights. One midwife said that the course “increased [my] awareness in gender, race, social class and reproductive justice issues.”



© UNFPA Brazil Carol Garcia

3 Pakistan

We expanded access to midwifery care by reaching more than 300 midwives with online training courses and by deploying a midwifery training mobile app for all midwives.



© UNFPA Pakistan

6 Mexico

Through this partnership, midwifery curriculum was improved at 20 schools throughout Mexico and more than 150 students were provided with scholarships to complete the programs. Paulina, one recipient, said, “I am truly grateful for this help that was given to me because otherwise I would not have been able to start a career due to my [family] situation.”

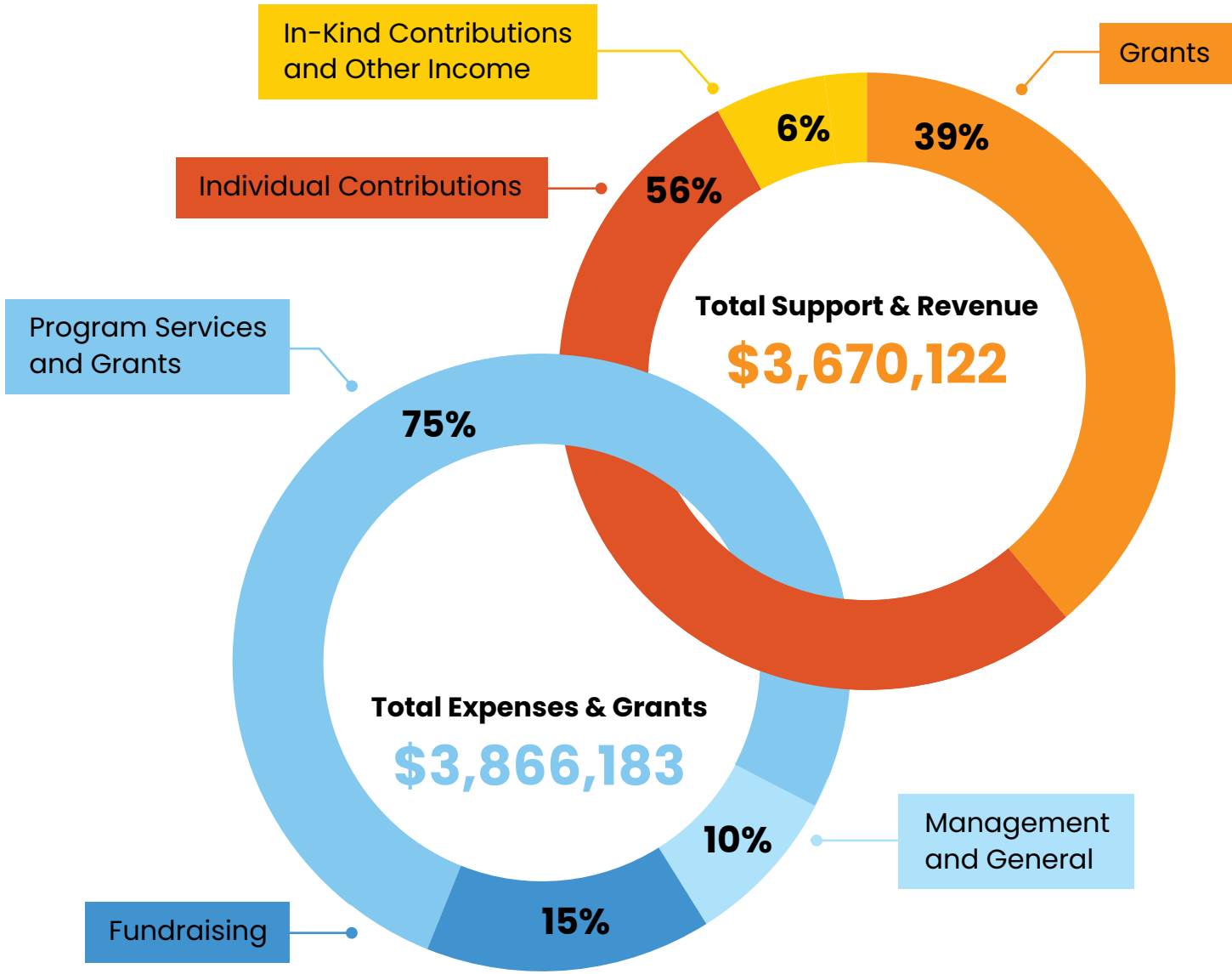


© UNFPA Mexico

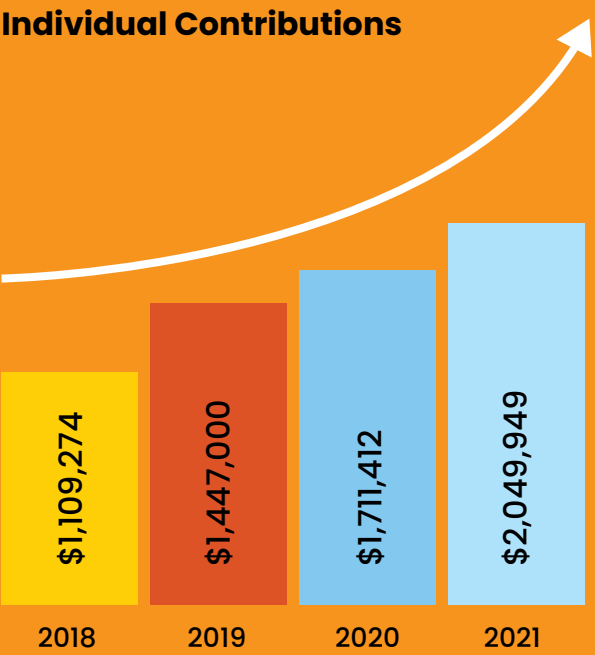
OUR FINANCIALS

January 2021 – December 2021

2021 was the first year of our ambitious plan to deliver \$100 million of lifesaving care to women and girls by 2030. To achieve this goal, we invested in our fundraising efforts and, already, the results are promising. 7,298 individuals gave a donation in 2021 of which 4,589 were new supporters. Support from these generous individuals grew 20 percent over 2020, topping \$2 million for the first time in 2021. While our overall support was less in 2021 than in 2020, this was due to partnership grants we received to respond to the COVID-19 pandemic. Thanks to all of our supporters and partners for being there for every woman and girl, no matter what.



Individual Contributions



“Through this work, this community, and your support, I am confident that we can realize a world where every pregnancy is wanted, every childbirth is safe, and every young person’s potential is fulfilled.”

- Anu Surendran,
Chief Executive Officer
Friends of UNFPA

Statement of Activities*		
Support and Revenue	2021	2020
Grants	1,419,482	3,170,626
Individual Contributions	2,049,949	1,711,412
In-Kind Contributions	131,238	95,041
Other income	69,454	6,687
Total Support & Revenue	3,670,122	4,983,766
Expenses & Grants		
Program Services & Grants	2,906,417	3,694,846
Management & General	307,488	308,143
Fundraising	589,278	554,243
Total Expenses & Grants	3,866,183	4,557,232
Change in Net Assets	(196,061)	426,534
Net assets – Beginning of year	1,436,579	1,010,045
Net assets – End of year	1,240,518	1,436,579

* These numbers are unaudited. To review our audited financials, including from past years, please visit: friendsofunfpa.org/financials.

TAKE ACTION

Become a Monthly Supporter

Monthly supporters are among those most committed to realizing the health, rights, and dreams of women and girls everywhere, no matter what. By making a regular gift, monthly donors allow us to reach those most in need, decrease our administrative costs, and ensure that every woman and girl has continuous access to lifesaving sexual and reproductive health care. Monthly supporters also receive an exclusive update on the impact of their gift.

Become a monthly donor:
friendsofunfpa.org/monthly

“Supporting and helping women, especially those in critical need, is important to me. So many people suffer in the world; those of us who are more fortunate can reach out a helping hand. I just wish I could give more.”

– Kathleen Miller Thomas,
Monthly Supporter of Friends of UNFPA

Raise Awareness on Social Media

Your support has an incredible impact on the lives of women and girls. Follow us on social media to hear from the women and girls whose lives you’ve touched, to keep up with our work and experts in the field, and to learn about events or other upcoming opportunities. You can also share the importance of sexual and reproductive health care with your friends and family.

    @friendsofunfpa



Make a Planned Gift

A planned gift today will advance the health, dignity, and rights of women and girls around the world for generations to come. Join our Legacy Society by including Friends of UNFPA in your estate plans.

Learn more:
friendsofunfpa.org/planned-giving

Create your plans today:
freewill.com/friendsofunfpa

“If your car breaks down, you go to a mechanic. If I’m concerned about women’s reproductive rights, then I’m going to support the experts. I get to have a worldwide impact.”

– Steve Rosenberg, 77,
Member of USA for UNFPA’s Legacy Society

Stay In-The-Know with our Newsletter

Stay up-to-date on UNFPA’s latest sexual and reproductive health initiatives with our monthly newsletter:
friendsofunfpa.org/intheknow

Host a Fundraiser

Want to do even more? You can host your own fundraiser benefiting women and girls through Facebook or by visiting:
friendsofunfpa.org/fundraise

BE THERE FOR EVERY WOMAN AND GIRL, NO MATTER WHAT

Donate Today

Your contribution to this lifesaving work ensures that women and girls have the care they need, no matter what. There are many ways to give, including:

Online:
friendsofunfpa.org/donate

By Phone:
Call Jennifer Munz, Director of Development (646) 649-9100 to make a gift by phone.

By Mail:
Mail in a gift by sending a check or a donation form to:
Friends of UNFPA
605 Third Avenue, 4th Floor
New York, NY 10158

In Honor of a Loved One:
Celebrate a birthday or anniversary, honor a parent on Mother’s or Father’s Day, or memorialize a loved one by making a gift in their honor. Select “Give in honor or in memory” at checkout.

Company Matching:
Deliver double the care to women and girls through a corporate matching program. Simply enter the name of your employer during checkout and we will handle the rest!
www.friendsofunfpa.org/donate



Gifts of Stocks and Securities:
By transferring ownership of long-term holdings to USA for UNFPA, you will receive a charitable deduction for their full market value and incur no capital gains tax (subject to IRS Deduction limits). Please use the following information to transfer stock to Friends of UNFPA:

Name: Friends of UNFPA, Inc.
Account Number: 39G-02035
DTC Number: 8862
Tax ID Number: 13-3996346

Please let us know that you will be making a stock donation by contacting Jennifer Munz, Director of Development at (646) 649-9100 or at jmunz@friendsofunfpa.org. As donor information is not always included with electronic transfers, we want to make sure we have a mailing address to send your tax receipt as soon as possible.

Through a Donor-Advised Fund:
If you use a Donor-Advised Fund for your philanthropic activities, you can use your DAF to support Friends of UNFPA and also donate towards a specific area of UNFPA’s work. For more information, please call our Director of Development, Jennifer Munz, at (646) 649-9100 or jmunz@friendsofunfpa.org.

If you already use the Fidelity Charitable Donor-Advised Fund, you can make a contribution directly through their online portal.



FRIENDS OF UNFPA

FriendsOfUNFPA.org
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