Friends of UNFPA promotes the health, dignity, and rights of women and girls around the world by supporting the life-saving work of UNFPA, the United Nations reproductive health and rights agency, through education, advocacy, and fundraising.

UNFPA is the lead United Nations entity for reproductive health and rights for all.

Working in over 155 countries, UNFPA works to end the unmet need for family planning, to end preventable maternal deaths, and to end violence and harmful practices against women and girls.

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Dear Friends,

Sexual and reproductive health is the foundation for a healthy life. If women and girls have power over these critical aspects of their lives, they can decide for themselves what paths they pursue. Having this power throughout life can help an individual escape crippling poverty. Meeting the sexual and reproductive health needs of every single person around the globe regardless of the circumstances sets the foundation for worldwide economic and social development. When women and girls can stay in school, plan their pregnancies, and survive childbirth, they can earn higher wages and better provide for their families. On a magnified scale, ensuring every individual a life of dignity means a more prosperous world for us all.

At Friends of UNFPA, it is our duty and our privilege to support UNFPA’s life-saving work through fundraising and awareness building. Just as UNFPA strove to build secure foundations for the world’s women and girls in 2018, so too did we build a stronger foundation for our own work. Through launching new technologies, such as a new website and communications tools, we are now better suited to help UNFPA along the path to achieving its three transformational goals by 2030: zero unmet need for family planning; zero maternal deaths; and zero women and girls subjected to harmful practices such as child marriage, female genital mutilation, and gender-based violence.

We also continued to work with individuals and private sector partners such as Johnson and Johnson and the Winslow Foundation to guarantee access to life-saving family planning supplies and maternal health care in countries with the highest need.

2018, like every year, was not without its challenges for Friends of UNFPA. With the Trump Administration withholding U.S. funds from UNFPA for a second year in a row, we had to reach even further to help UNFPA meet the reproductive health needs of women and girls. Crises such as those in Syria, and Yemen, and the Rohingya crisis continued to put lives at risk, requiring the deployment of critical services and resources.

And critical challenges remain ahead. Conflicts around the world remain intractable, resistance to reproductive health and gender equality grows, and the ever-present threat of climate change is increasing and disproportionately affecting the lives of women and girls.

With your help and the help of all our partners, we will continue to meet any challenges in order to create a world where every pregnancy is wanted, every birth is safe, and every young person’s potential is fulfilled.

Sincerely,

Minh Ngo
Chair of the Board
Friends of UNFPA
Reaching larger audiences
With the launch of our new website and other communications tools in 2018, Friends of UNFPA was able to reach larger audiences with modern and compelling communications. Friends of UNFPA continued fundraising to support UNFPA programs such as family planning, maternal health, treating and preventing obstetric fistula, and ending female genital mutilation. To further UNFPA’s humanitarian work, Friends of UNFPA also continued to raise funds for clean delivery kits, packages containing safe delivery supplies such as sterilized gloves, a blanket, a plastic sheet, a razor blade, and an umbilical cord tie.

Holding strong despite U.S. defunding
In 2018, Friends of UNFPA continued the rally cry against the Trump Administration’s withholding of U.S. contributions to UNFPA. Thanks to the generosity of individual and government donors, UNFPA continued to meet the needs of women and girls around the world despite the loss of U.S. funding for a second year in a row.

Working with UNFPA to provide relief in emergencies
With heartbreaking events and continued conflicts taking place around the world in 2018, Friends of UNFPA embarked on joint communications and fundraising campaigns with UNFPA to help support women and girls in the Rohingya crisis and the civil war in Yemen.

With UNFPA Goodwill Ambassador Ashley Judd leading the charge for Rohingya refugees, Friends of UNFPA’s fundraising efforts helped UNFPA provide family planning services, safe birth supplies, midwives, and 18 safe spaces for women and girls that offer counseling services and shelter. UNFPA has also trained and deployed 100 midwives focused on the refugee population.

In Yemen, the world’s worst humanitarian crisis, UNFPA has assisted in over 32,000 safe births. Thanks to Friends of UNFPA donors, UNFPA has also distributed over one million dignity kits that contain menstrual pads, soap, underwear, a flashlight, toothpaste, a toothbrush, and a comb.

“In both the short term and the long term, nothing equals the work of UNFPA for people, the planet, and peace. Absolutely nothing.”
Jane Roberts, CA
Kula Sonnie was married at 12. At 14, she had her first child and was abandoned by her husband.

With teenage pregnancy rates on the rise in three out of five regions in Liberia, for the past two years Friends of UNFPA has supported UNFPA Liberia's work to educate and empower adolescent girls like Kula.

The Liberia Teen Pregnancy Prevention & Adolescent Girls Empowerment Project blends sexual and reproductive health education with livelihood skills training. Kula joined the program where she learned to prevent future pregnancies and to generate income to support her family. “At first,” she said, “I was ashamed to even mention the word sex, but now I am encouraging my friends to delay sex.”

Since girls in the region often miss school when menstruating, the project also assists with menstrual hygiene management and engages parents and community leaders in discussions about healthy practices for adolescent girls.

Graduates of the program like Kula come back each year to mentor a new class of girls.

Overall, 1,800 girls benefited from the education sessions in 2018.
Like most in people the United States, when I first learned of UNFPA, I had never heard of it before, but it became quickly apparent to me how smart an investment supporting its work was. UNFPA’s efforts to deliver reproductive health services and increase access to contraception have an incredibly high impact. You can radically change people’s lives for a small amount of money. There are so many institutions to contribute to, but when you increase the welfare of women and girls through UNFPA, you increase the welfare of everyone.

Nicholas Groombridge, NY
Through Friends of UNFPA, corporate partner Johnson & Johnson supported life-saving maternal health programs in two countries with enormous need: Haiti and Liberia. Johnson & Johnson’s contributions allowed these two countries to intensify efforts ensuring more women have access to healthcare facilities and skilled birth attendants during pregnancy and childbirth.

In Haiti, services included outreach and education to the public about sexual and reproductive health, training healthcare providers on emergency obstetric and newborn care, and work with the government to implement a national midwifery strategy. To help reach individuals in remote areas, UNFPA also supported the operation of 33 mobile health clinics.

In Liberia, programs sought to strengthen a health facility mentorship program in midwifery skills while also providing support to midwifery training institutions. Efforts were also made to increase access to quality maternal and newborn services. A total of 95 health personnel were trained in emergency obstetric and neonatal care.

In both countries, more than 90,000 people directly benefited in 2018 from the services UNFPA was able to provide with the help of Johnson & Johnson.
The Zaatari Refugee Camp in Jordan is home to 80,000 Syrian refugees. 19,000 of these refugees are women of reproductive age. Without access to the life-saving reproductive health services that are often interrupted during humanitarian emergencies, pregnant women – and women and girls in general – face increased risks.

Since 2013, UNFPA has operated a maternity clinic within Zaatari, the only facility providing comprehensive sexual and reproductive health services in the camp. Each day, staff provide care to more than 100 women and help 8 to 10 women safely deliver their babies. More than 10,000 babies have been safely delivered at the clinic without a single mother or newborn dying. Thanks to Friends of UNFPA donors, UNFPA was able to expand the clinic in 2018 to assist even more women. Additional beds have been installed in the labor and postpartum units. With more room in the facility, mothers and their newborns have more space and privacy after delivery. There is now a special room in the facility to counsel women on their family planning options. Staff at the facility also provide information on preventing the spread of sexually transmitted diseases and post-rape care.
Many years ago, I visited one of many countries where family planning was severely restricted and women paid a hefty price. That trip opened my eyes to a harsh reality: women who lack education and support have very little choice in reproductive health and in creating happy, healthy families. Based on that experience, supporting Friends of UNFPA was a natural and easy decision.

Mary D. Lindsay, NY
Co-Founder, Friends of UNFPA

Photo credit: UNFPA Egypt/Sima Diab
**UNFPA’S WORK**

**ENSURING ACCESS TO FAMILY PLANNING**

*Access to safe,* voluntary family planning is a human right. Quality information, contraceptives, and counseling empower women to determine whether or not they become pregnant, how many children they have, and the timing of their births. Contraceptives prevent unintended pregnancies, reduce the number of abortions, and lower the incidence of death and disability related to complications of pregnancy and childbirth. Family planning is also a key factor in reducing poverty.

UNFPA supports many aspects of voluntary family planning, including procuring contraceptives, training health professionals to accurately and sensitively counsel individuals about their family planning options, and promoting comprehensive sexual education in schools.

**Family planning liberating for women in rural Ethiopia**

Mrs. Belay and her husband struggled for years to put food on the table for their large family. Yet, Mrs. Belay continued to have one child after another – in total she had seven sons. “I had my children spaced very close to each other,” she said, “which affected their health and mine.”

Thirteen years ago, with the help of a government program supported by UNFPA, she decided to use family planning. “We agreed that we need to use family planning to save our resources, educate and raise our children well,” she said.

The use of modern family planning has expanded rapidly across Ethiopia, rising from about 8 percent of married women in 2000 to 36 percent in 2016.

**Supporting UNFPA Supplies with the Winslow Foundation**

UNFPA Supplies, the flagship program ensuring an adequate number of contraceptives around the world, received invaluable support in 2018 from Friends of UNFPA’s partner, the Winslow Foundation.

The program supports 46 countries with a high need for contraceptives, ensuring supplies go from manufacturers to users. The program also ensures medicine and equipment for the full range of family planning services, sexually transmitted infections prevention, and maternal health services.

At a time of growing hostility towards family planning in the United States and around the world, support to UNFPA Supplies from the Winslow Foundation was crucial to the program’s success in 2018. Together with other supporters, the Winslow Foundation helped UNFPA procure reproductive health commodities valued at $106 million.

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**UNFPA & Family Planning By the Numbers**

**CONTRACEPTIVES SUPPLIED BY UNFPA IN 2018 AVERTED**

<table>
<thead>
<tr>
<th>Category</th>
<th>Number</th>
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<tr>
<td>Intended Pregnancies</td>
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<tr>
<td>Unintended Pregnancies</td>
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<tr>
<td>Unsafe Abortions</td>
<td>8,900,000</td>
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<tr>
<td>Sexually Transmitted Infections</td>
<td></td>
</tr>
</tbody>
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FRIENDS OF UNFPA 2018 ANNUAL REPORT 10
UNFPA’S WORK

MAKING MOTHERHOOD SAFE

Every day, 830 women die from causes related to pregnancy or childbirth. An additional 25,000 women experience childbirth injuries. 99 percent of maternal deaths occur in developing countries, with the majority of women dying in Asia and Africa. These numbers, though shocking, are much lower than they were 30 years ago. This is largely due to increases in the numbers of women with access to family planning, skilled birth attendants at delivery, and emergency obstetric care. Every pregnant woman deserves access to prenatal, delivery, and postnatal care to ensure her health and the health of her child.

UNFPA supports maternal health by training and supplying midwives, by distributing clean delivery kits in emergency settings, by providing access to family planning, and through fistula repair initiatives.

Reaching pregnant women in the Philippines in the aftermath of Typhoon Oompong

Ginalyn was 9 months pregnant when Typhoon Oompong stuck and forced her and her family to run through strong winds, torrential rain, and thick mud. She recalls, “I was so grateful when the police officers met us and helped us into the evacuation center. My feet were so painful and my belly was hard.”

The typhoon affected 1.7 million people, including 35,000 mothers with babies less than 6-months old and 17,500 women in their last trimester of pregnancy. UNFPA distributed clean delivery kits to women like Ginalyn to ensure they had the supplies they needed to have a safe birth.

UNFPA also strengthened emergency birth facilities for women at risk of complications and distributed dignity kits containing basic supplies such as underwear and a flashlight so new mothers had what they needed to stay healthy after childbirth.

UNFPA & Maternal Health By the Numbers

IN 2018, UNFPA MADE POSSIBLE:

- The aversion of 73,500 maternal deaths thanks to contraception.
- The construction and maintenance of 2,520 health facilities for emergency obstetric care in humanitarian settings.
- The training of 15,000 midwives to support maternal health all over the world.
UNFPA’s Work
Ending Harmful Practices and Gender-Based Violence

Harmful practices such as violence against women, child marriage, and female genital mutilation (FGM) are deeply entrenched in gender inequality. They undermine the rights of women to decide their own futures, reach their fullest potential, and fully participate in society.

Gender-based violence can affect any woman, regardless of her social, economic, or national background. It is estimated that around the world 1 in 5 women today were married as children, 1 in 3 women are at risk for experiencing sexual abuse at the hands of an intimate partner, and 200 million women alive today have lived through the trauma of FGM. Ending these practices empowers women and girls and, ultimately, makes families and communities stronger.

UNFPA works to end harmful practices by empowering women and girls with knowledge on how to report abuses, by supporting those who have experienced violence, and on a community level, UNFPA works with leaders to change mentalities about women’s sexual and reproductive health.

Empowering survivors of gender-based violence in Turkey

At 16, Rima’s uncles forced to marry a man who abused her physically and emotionally. She had been living in Syria at the time but soon fled to Turkey for safety. The abuse continued, and Rima, feeling trapped and helpless in her marriage, attempted suicide while pregnant with her second child. Finally, she found a UNFPA safe space in Turkey where she was able to report her husband, move into women’s shelter, and file for divorce.

UNFPA supports 39 safe spaces in Turkey for women like Rima and even employs some women who come to the centers to further support them after experiencing violence.

UNFPA & Harmful Practices By the Numbers
IN 2018

1,840,000 GIRLS
Were reached with child marriage prevention or protection services.

893,000
Women and girls were provided with psychosocial or medical support services after experiencing violence.

470,000 GIRLS
Were Prevented from experiencing female genital mutilation.
UNFPA’S WORK

Humanitarian Disasters

It’s estimated that upwards of 258 million people live in a different country from the one they were born in and many, many others have been displaced inside their countries. While many people migrate for greater economic and social opportunities, increasingly, people are fleeing because their homes have been devastated by political unrest, natural disasters, infectious diseases, or changing climate patterns. Regardless of where they are or what conditions they are living through, everyone needs sexual and reproductive health care to ensure they can make the best choices for themselves, their futures, and their families.

UNFPA works in humanitarian settings by deploying midwives, supporting mobile health clinics, distributing dignity kits, and strengthening support for survivors of gender-based violence, which tends to increase when people are on the move.

Photo credit: UNFPA Bangladesh.
**UNFPA’s Work**

**Humanitarian Disasters**

**Delivering care in war-torn Yemen**

In 2018, the world’s worst humanitarian crisis continued to unfold in Yemen. Almost half the country’s health facilities closed, placing the lives of millions of pregnant women and girls in grave danger.

Because women do not stop giving birth even during humanitarian circumstances, UNFPA has assisted in over 32,000 safe births. Thanks in part to Friends of UNFPA donors, UNFPA also provided over one million dignity kits – kits containing menstrual pads, soap, underwear, a flashlight, toothpaste, a toothbrush, and a comb.

Since rates of violence against women increase during all humanitarian disasters, UNFPA has also played a critical role in protecting women and girls and in providing counseling to those that have experienced any form of violence.

UNFPA has provided over 35,000 people with counseling and support. UNFPA also operates more than 20 shelters that offer women and girls a place to talk, receive information and care, and participate in recreational activities. UNFPA also directly supports 235 health facilities that offer reproductive health care.

**Providing reproductive health care for Rohingya Refugees**

Since August 2017, over 1.3 million Rohingya refugees have fled violence in Myanmar for Bangladesh, where they lack proper access to reproductive health care.

Even though Rohingya refugees are safe from persecution, malnutrition, gender-based violence, and infectious diseases like measles and tetanus are all far too common. Lack of secure food and medical supplies and destruction from monsoons and cyclones only exacerbate these issues.

UNFPA trained 100 midwives to assist in the deliveries of nearly 60,000 babies born to Rohingya refugees in 2018.

The agency also opened 18 woman-friendly safe spaces. Safe spaces are one of the primary ways UNFPA reaches refugees. From there, UNFPA educates boys and girls on their reproductive and sexual health, informs women of their family planning options, distributes dignity kits and emergency birth kits, provides prenatal check-ups and delivery care, and trains women in skills that will grant them economic independence.
FRIENDS OF UNFPA: Financial Highlights

Expenses and Revenue

2018 EXPENSES AND GRANTS

- **56.10%** GRANTS
- **41.44%** INDIVIDUAL CONTRIBUTIONS
- **1.80%** IN-KIND CONTRIBUTIONS
- **0.63%** OTHER INCOME

Total Expense: $2,676,819

2018 SUPPORT AND REVENUE

- **78%** PROGRAM SERVICES & GRANTS
- **10%** MANAGEMENT & GENERAL
- **12%** FUNDRAISING

Total Support and Revenue: $2,294,893
UNFPA 2018
Financial Highlights

UNFPA BUDGET BY GEOGRAPHICAL REGION

- **19.8%** EAST AND SOUTHERN AFRICA
- **16%** WEST AND CENTRAL AFRICA
- **17.7%** ARAB STATES
- **13.9%** ASIA AND THE PACIFIC
- **9.2%** LATIN AMERICA & THE CARIBBEAN
- **5%** EASTERN EUROPE & CENTRAL ASIA
- **18.40%** GLOBAL ACTIVIES

TOTAL BUDGET: $1.03 BILLION

UNFPA BUDGET BY PURPOSE

- **49.50%** SEXUAL & REPRODUCTIVE HEALTH & RIGHTS
- **7.10%** YOUTH & ADOLESCENTS
- **15.70%** GENDER EQUALITY & WOMEN’S EMPOWERMENT
- **10.8%** DATA FOR DEVELOPMENT
- **16.9%** ORGANIZATIONAL EFFICIENCY & EFFECTIVENESS

TOTAL EXPENSE: $1.03 BILLION
GET INVOLVED
Women and Girls are Depending on You

Together we can work with UNFPA to achieve gender equality by supporting women and girls when they need us most.

Advocate for UNFPA
Meet, write, or call your Members of Congress and let them know why U.S. support for UNFPA matters to you. Ask them to stand against the Trump-Pence Administration’s heartless and dangerous decision to withhold funding from UNFPA.

Make a monthly donation
Join our Circle of Friends community by making a recurring donation. Knowing we have these funds will help us plan our work more effectively. To start your monthly sustainer gift today, visit: friendsofunfpa.org/monthly

Spread the word
Organize a local event to help raise awareness of the importance of empowering and safeguarding the sexual and reproductive health of all. Contact: events@FriendsofUNFPA.org for details!

Join the conversation
Follow us on Facebook, Twitter, and LinkedIn and sign up to receive our communications, action alerts, and updates.

Contact Us! To learn more about how you can help please contact us at (646) 649-9100 or via email at: info@FriendsofUNFPA.org.

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